



530 Rivers Street
12 Varsity Gym
Boone, NC 28608
healthpromotion.appstate.edu
(828) 262-6314

FITNESS MATTERS

Health Promotion for Faculty and Staff

April 2015

University Holiday

Closed Monday, April 6, and Tuesday, April 7



Tom Moore 5K

Saturday, April 11

9:00 am RAIN/SHINE

Boone Greenway Trail

\$20 on or before Wednesday, April 8 (\$25 day of event)

For more details, visit 5k.appstate.edu



Huntington's Disease
Society of America

Blood Screenings (Appointment Required)

Thursday, April 16

Wednesday, April 29

7:15 am—8:15 am

Call (828) 262-6314 to make an appointment

Visit www.healthpromotion.appstate.edu/screenings for a complete list of screenings.

