Black Saturday 5K
Hosted by Appalachian State University
Recreation Management Association

Beaver College of Health Sciences
Leon Levine Hall
November 17, 2018
9:00 AM
RAIN. SNOW OR SHINE!

Registration:
Early Registration (before November 14) is $15 for students and $20 for non-students. Registration the day of the event is $25 for everyone. For more information, or to register for the 5K, go to 5k.appstate.edu, or complete this form and send with your payment to the enclosed address.

Awards:
There will be an award given to the overall male and overall female winners, as well as the top two males and females of each of the following categories: High School, ASU Freshman, ASU Sophomore, ASU Junior, ASU Senior, ASU Graduate Student, ASU Alum, Faculty/Staff, and Community.

Parking:
Parking will be available at Beaver College of Health Sciences, Leon Levine Hall.

Proceeds:
All proceeds for the Black Saturday 5K go towards funding the James Avant Academic Scholarship Endowment.

For more information about Appalachian’s Recreation Management Program, go to www.rmpe.appstate.edu
James Avant Academic Scholarship Endowment
Black Saturday 5K
Registration Form

Please complete and return the entire application with registration fee to:
Sherri Wilson – Appalachian State University – Health Promotion for Faculty and Staff –
P.O. Box 32069 – Boone, NC 28608

Name ___________________________ Phone# __________________

Address ____________________________________________________________________________

City ___________________ State _______ Zip _______ E-mail Address_______________________

Emergency Contact: ________________________________________________________________

Emergency Contact Phone#: ________________________________ Is this Person at the Event? Y   N

Gender (circle) MALE   FEMALE

T-Shirt Size: S  M  L  XL  XXL

(Sizes are not guaranteed. First come, first served basis.)

Status (circle one): ASU Freshmen       ASU Sophomore             ASU Junior
                      ASU Senior       ASU Graduate Student   ASU Alum
                      ASU Faculty/Staff High School    Community

Entry Fee: Before November 14
$15.00 Students
$20.00 Non-Students

Day of the Race
$25.00 for Everyone

Black Saturday 5K Total Entry Fee………………..$___________

Make check payable to Recreation Management Association and mail completed registration
form, with payment, to:

Sherri Wilson
Appalachian State University
Health Promotion for Faculty and Staff
P.O. Box 32069
Boone, NC 28608

YOU MUST SIGN WAIVER TO THE LEFT.

The Black Saturday 5K course will start and end at Leon Levine Hall. The course
is an out and back, flat terrain.