Blood Screenings
• Wednesday, October 14.
• Appointment required.
• To schedule an appointment, call (828) 262-6314.

Flu Clinic (By Appointment Only)
• Friday, October 30.
• 8:30am - 3:00pm.
• Plemmons Student Union, Grandfather Mountain Ballroom.
• Appointment required, call ext. 3146 for an appointment between 8:30am – 11:45am. Call ext. 2934 for an appointment between 12:00pm – 3:00.
• Must bring hardcopy of insurance card and ASU photo I.D.

Employee Health Fair
• Friday, October 30.
• 8:30am – 2:30pm.
• Plemmons Student Union, Grandfather Mountain Ballroom.

/// Event to Remember ///

Black Saturday 5K
• Saturday, November 28 @ 8:00am.
• $15 for students, $20 for non-students before Friday, November 20, $25 on day of event.
• Go to 5k.appstate.edu for more information.