**Happy Fourth of July!**

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**BLOOD DRIVE**

Wednesday, July 13th

10:00 am to 2:30 pm

Appointments are SUGGESTED but walk-ins are ACCEPTED!

Call Health Promotion at 262-6314 to schedule!

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**TYPE O ALERT**

Calling ALL Type O Negative Blood Donors!

A decline in blood donations is typical during the summer as donors become busy with seasonal activities and overlook donating blood. While all blood types are needed during the critical summer months, TYPE O NEGATIVE is always in high demand because it can be transfused to patients with any blood type, especially in emergency situations. Type O negative donors can make the difference between an adequate blood supply and a summer shortage.

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From every mountainside,

Let freedom ring.

-Samuel F. Smith

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**Announcements**

- **Monday, July 4**
  Facility will be CLOSED due to a University Holiday

- **Thursday, July 21**
  Blood Screening
  7:15—8:50 am
  12 Hour Fast is REQUIRED for cholesterol screening!
  See page two for important information!

- **Friday, July 22**
  CPR Certification Class
  8:00 am—Noon
  First Aid Certification Class
  1:00—4:00 pm

Please call the office at 262-6314 to schedule an appointment for the screenings or classes.
Due to price increases from LabCorp, Health Promotion’s blood screening prices will change effective July 1, 2011.

Cholesterol/Multichemistry Screening ($32)

Complete Blood Count ($16)

Thyroid Panel ($37)

Hemoglobin A1c (Glycohemoglobin) ($22)

Prostate-Specific Antigen (PSA) ($32)

Go to [http://www.healthpromotion.appstate.edu/screenings.html](http://www.healthpromotion.appstate.edu/screenings.html) for a complete description of the above blood screenings.

Visit [http://www.calendars.appstate.edu/cgi-bin/calculator35.pl?Op=ShowIt&CalendarName=Health_Promotion](http://www.calendars.appstate.edu/cgi-bin/calculator35.pl?Op=ShowIt&CalendarName=Health_Promotion) for dates and times through December 2011.