

Health Promotion for
Faculty & Staff

Fitness Matters

Upcoming Event

Blood Screening
Wednesday, August 6
7:15am—8:15am
12 Varsity Gym

Appointment Required!

Call 262-6314 to schedule an appointment

For more information, and screenings offered, visit
<http://healthpromotion.appstate.edu>

Special Reminder

Facility will be
CLOSED
Monday,
September 1,
for University
Holiday!

INTERIM FACILITY HOURS

August 4—August 7
8am—5pm
Friday, August 8
8am—3pm

August 11—August 15
10am—2pm

FALL SEMESTER SCHEDULE

Begins Monday, August 18
Monday—Thursday
7am—7pm
Friday
7am—3pm

Blood Drive

Friday, September 5
9:00am—2:30pm
Varsity Gym, Rivers Street
American Red Cross Bus

Call 262-6314 to schedule
an appointment

